

MY KNAPSACK CONTENTS

By Ron "Sign Talker" Garritson

This is what I pack in my 14" x 17" knapsack when trekking afoot and canoe. For horseback, the contents are the same except they are dispersed into the saddle bags which would also include an extra shirt as well as various horse care tools. (Contents are always subject to change.)

CLOTHING: 1 SPARE PAIR OF MOCCASINS
1 SPARE PAIR OF WOOL SOCKS (WINTER)

FOOD: 1 BAG OF DRIED MEAT or PEMMICAN*
1 BAG OF DRIED INDIAN CORN*
1 BAG OF DRIED RICE AND CORN MIX*
1 PACKAGE OF FRESH MEAT (FOR THE FIRST NIGHT OUT)
2 HORN CONTAINERS OF SEASONING
1 SMALL PACKAGE OF CHOCOLATE (OPTIONAL)

* These are pre-measured according to the number of days the trek is and then a little extra for emergency.

COOKWARE: 1 BOILER (or FOLDING SKILLET)
1 TIN CUP
1 HORN SPOON
1 TWO TINED FORK

FIRE FIXINGS: 1 BAG OF ASSORTED TINDER
1 CHAR TIN

PERSONAL HYGIENE: 1 BAR OF CASTILE SOAP
1 BONE HANDLED TOOTHBRUSH
1 SMALL BOTTLE OF TOOTH POWDER
1 HORN COMB

EXTRA NECCESITIES: 1 SMALL CHUNK OF BEESWAX
1 BEESWAX CANDLE
1 SHARPENING STONE AND FILE
1 SEWING KIT
1 FOLDING KNIFE
1 FISHING KIT (OPTIONAL)
1 TIN OF MOCCASIN GREASE
1 BRASS TELESCOPE
1 FIRST AID KIT

Fastened to the bottom of the knapsack is my 4 point Whitney blanket rolled up in a groundcloth. Fastened to the top is my buckskin coat (or capote for colder weather). For shelter I prefer to construct a lean-to or

wickiup from natural materials found in the woods. When on horseback,
I will throw in a buffalo robe and a simple canvas lean-to.